



## **HARROGATE & DISTRICT NEIGHBOURHOOD WATCH ASSOCIATION**

Serving Harrogate, Knaresborough, Ripon, Boroughbridge, Pateley Bridge, and all rural areas  
Helping to protect over 18,000 homes

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### **Safety Tips for Junior Citizens**

**Here are a few hints and tips about staying safe when you are Out and About:**

#### **Using your mobile:**

- ❖ Only give your number to friends you can trust.
- ❖ If your plans change ring or text your parents to let them know.
- ❖ For an emergency keep some money safe “Just in case”.
- ❖ If on your own, set your phone to vibrate so as not to draw attention.
- ❖ Don't be afraid to call 999 in an emergency.
- ❖ Put the North Yorkshire Police Non-Emergency telephone number 101 into your directory.
- ❖ Key \*#06# to find out your phone serial number – ask your parents to enter it on immobilise.com or store it somewhere safe at home.
- ❖ Tell the police immediately if your phone is stolen.
- ❖ Set up speed dials.
- ❖ Use a “PIN” to lock your phone but keep it to yourself.
- ❖ Put your home phone number and your parents' mobile numbers into your directory.
- ❖ Keep your phone in a different place to your money.
- ❖ Have a phone case to hide its identity.
- ❖ Don't walk along texting; be aware of what is going on around you.
- ❖ Keep a copy of your phone numbers at home.

## Using your Bike:

- ❖ Keep your bike in good order, including lights and bell or horn.
- ❖ Obey the rules of the road.
- ❖ Wear the right accessories and always dress to be seen and safe.
- ❖ It may not be cool but wearing a helmet might save your life in an accident.
- ❖ Even if you are in a hurry avoid taking short cuts.
- ❖ To avoid your bike being stolen buy and use a padlock or chain to secure it.
- ❖ Get you parents to make a note of the serial number or put it on immobilise.com
- ❖ Don't stop to speak to strangers.
- ❖ If playing with friends on Parkland or a Common stick to the main paths and not wooded areas.
- ❖ Remember if you ride your bike using a personal CD or MP3 player you won't hear the traffic or anyone calling you, this could be very dangerous for you.

## Using Public Transport:

- ❖ Always try to wait in a well-lit area.
- ❖ Make sure you have got your travel pass or exact fare to hand and try to keep your wallet/purse out of sight.
- ❖ Carry extra money, just in case, in a different pocket.
- ❖ Sit near to the driver.
- ❖ Stay in carriages with lots of people.
- ❖ It is better to sit downstairs where there are usually more people
- ❖ Be aware of who is around you and don't speak to strangers.

## Using your feet:

- ❖ If you are walking to somewhere, plan your route, stick to it, and let your parents know before you leave for home.
- ❖ Try to go with a friend.
- ❖ Take your mobile with you.
- ❖ Avoid dark doorways, alleys and lanes.
- ❖ Never hitch a lift.
- ❖ Remember, if you are wearing headphones you won't hear the traffic.
- ❖ Hide your wallet/purse if you have one and have some change elsewhere just in case.
- ❖ Keep your keys ready for when you get home.
- ❖ Don't be afraid to leave early to go home but let your parents know.